

# Grief Checklist: Student-Centric Loss

- Check in with yourself. Choose the space from which you respond to a student's loss.
- Map out a personal-care plan.
- Communicate with the impacted student.
- Collaborate with the student, as well as family members if appropriate, to address classroom accommodations.
- Prioritize the student's privacy and preferences.
- Notice how students and colleagues communicate about loss.
- Regulate routine in the classroom.
- Cull curricula; create teaching and trigger plans.
- Call upon and collaborate with specialists and resources.
- Follow up with the grieving student and maintain open communication across time.